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At ome Learning

Transportation



Toilet Paper Tube Train Cars

Color toilet paper rolls with markers, paint, or whatever materials you have. Once the roll is dry, glue or tape four “wheels” to the roll. The wheels can be recycled plastic lids or pre-cut paper circles. Optional: Use scissors or a hole punch to connect the train cars with string or ribbon.



Red Light, Green Light

Color a red, green, and yellow circle on individual pieces of paper. Create a start line and finish line.

- When you signal green, children walk quickly to the finish line.
- When you signal yellow, children move as slowly as they can.
- When you signal red, children stop!

See who makes it to the finish line first!



Bubble Popping Vehicles

Tape bubble wrap on the floor or on top of a table. Let your child drive their toy cars, trucks, and trains over it to pop all the bubbles. This is great for strengthening hand muscles as children press hard on the bubble wrap to pop it.

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Animals



Barnyard Peek-a-boo

Take turns acting out different animals and practicing animal sounds while you chant this fun rhyme. Clap or stomp out the syllables as you chant.

An oink, a moo, a cock-a-doodle doo!
Who's in the barnyard playing peek-a-boo?
Oink! Oink! (reveal the pig/tickle)
It's a pig! Oink! Oink!



Drawing Game: Animal Jumble

Take turns drawing one part of any animal, real or make-believe, on a sheet of paper. Make sure to draw it really big! Keep your drawings a secret while you work. At the end, put all of the drawings together to reveal your new, silly animal jumble!



Neighborhood Animal Hunt

Take a walk through your neighborhood or a local park and see how many different animals you can spot. Can you find pigeons and squirrels and maybe even a cat at the nearby bodega? Talk about what the animals are doing. Back at home, name and draw all the animals you saw.

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Family & Friends



Virtual Snacktime with a Friend

Organize a virtual snacktime visit over video chat for your child with a friend or family member! If you have the same ingredients at home for a simple snack, try and prepare the same thing so the children feel connected. If not, talk with your child and their friend about their different snacks — is it sweet or savory? Hot or cold? Crunchy or soft?



Write a Letter to a Friend

Help your child write a letter to a friend, teacher, family member, or a favorite character. Have your child dictate as you write the words. Then, have your child sign their name and decorate the letter with drawings or stickers. Finish it off with an envelope and a stamp!



Virtual Storytime with a Loved One

Let your child tell their own story to a friend or family member in a video chat. They can choose a favorite book, draw a picture, or make one up. Have your family and friends share theirs too!

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Food & Cooking



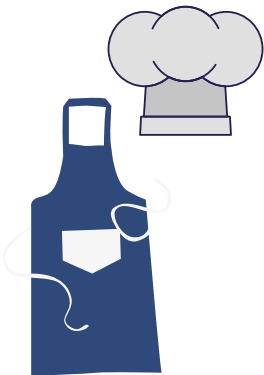
Little Kitchen Helpers

Children are great assistants in the kitchen. Allow your child to engage in simple cooking tasks such as mixing, pouring, measuring, adding, and counting. This helps them work on strengthening their fine motor skills as well as early math skills!



Explore New Foods and Recipes

Explore and talk about the smell, look, and feel of the ingredients like cool, crunchy cucumbers or warm, squishy bread! Reading recipes from a book or ingredients from food packaging can also help your child recognize letters and new words!



Pretend Play Cooking

Set up a child-friendly chef's kitchen! Give your child safe kitchenware and pretend ingredients like ripped recycled paper, tissue paper, yarn, and cotton balls to create a pretend meal. Adding different forms of pretend play in your child's day will help your child practice important development skills like language, creativity, and problem-solving.

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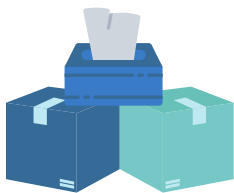
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Basic Shapes



Not a Box Drawing

Draw a box on a piece of paper and let your child draw or color their own ideas of what a box can be. Talk about it: “Tell me about what you are coloring. What made you decide to draw that?” Add a new challenge with different shapes like “Not a Circle” or “Not a Triangle” drawings!



Box Builders

Challenge your imagination to turn recycled boxes into new creations! Use different-sized boxes to make a rocket ship or airplane, a giant building, or anything else you can imagine.



Collaging with Shapes

Cut out different shapes from construction paper and have your child create pictures from the shapes! A train can be made with rectangles and circles, a house from a triangle and squares.

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Letters & Words



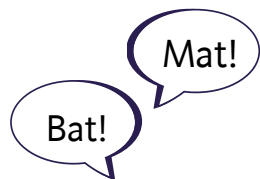
Photo Storytelling

Look at past photos. Ask your child: “What do you remember about that day (or activity)? How did you feel? What did you do first? What did you do last?” Or take some new photos and make up a new story together!



Letter or Word Hunt

Can you find all the items around your house with a word or a letter on them? Or, choose a letter and try and find all the items around your home that start with that letter.



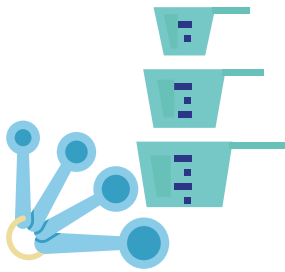
Rhyme Cards

Use index cards or pieces of paper to write down a simple word with a matching picture you or your child can draw on the card. Go through the cards and try and come up with words that rhyme with the word on the card. For example, write down the word CAT and ask, “What rhymes with CAT?”

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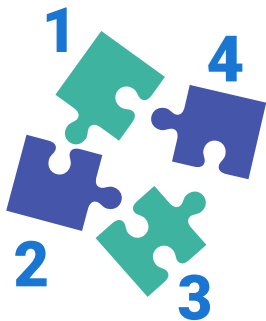
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Math and Numbers



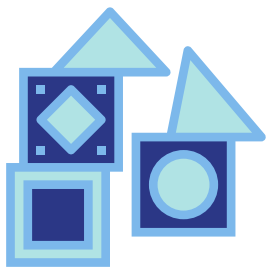
Bake or cook together!

When baking or cooking, you can talk to your child about math concepts. Have your child help you count out or measure ingredients. Talk about what you need to do first, second, and third. Then ask which ingredients you need to add or subtract to make a perfect meal!



Counting Game

Use toys or items in the same category you have at home. Count them with your child! How many stuffed animals are in your room? How many toy cars are on the dresser? How many buttons do you have on your favorite jacket?



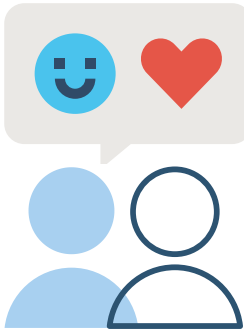
Stack and Count Towers

Use blocks or recycled materials, like snack boxes and paper cups, to stack and build a tall tower. Ask your child how many blocks or cups they think they can stack on their own. You can also ask them how many they think YOU can stack. Now build and count each tower together! Test how many things you can stack before it falls over.

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Emotions & Feelings



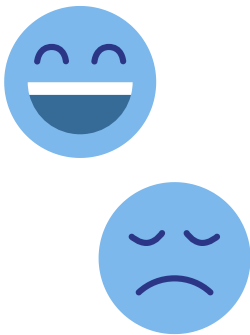
Compliment Circle

As a family, sit in a circle (or a pair). Pick one person to start and share a compliment — something that you really like or love about this person! Make sure everyone has a chance to give and receive a compliment. Then ask your child: How does it make you feel when someone compliments you? How do you feel when you compliment someone else?



Birthday Candle Breathing

Practice breathing with your little one by pretending to blow out candles! Hold up one hand and pretend each finger is a candle. Take a deep breath in and then blow out. Put one finger down as you exhale. Repeat until you have blown out all five candles and all fingers are down.



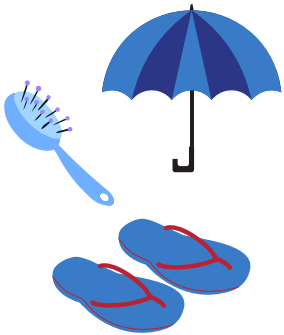
How Do I Feel? Guessing Game

Take turns with your little one acting out a feeling and having the other players guess. Try using your whole body to demonstrate how you feel without using any words. What can you do with your face to show you are happy? What can you do with your arms to show you are scared?

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Art & Colors



Colors of the Rainbow Hunt

Go on a hunt around your home for objects that are all the same color. Begin with red, then work your way through orange, yellow, green, blue, and purple. Add a new challenge by setting a timer for 3–5 minutes and drawing or writing every object you have at home that begins with this color. Once the timer goes off, hunt for the objects and see how many you remembered.



Rainbow Dress-up Parade

Get those wiggles out and have an indoor parade! Dress up in as many colors of the rainbow as you can, the sillier the better. Think about different colored socks, shoes, scarves, even hats and gloves. Line everyone up, then put on your favorite marching music and march around your home!



Homemade Suncatchers

Make your own suncatcher with simple household items. Fill a clear plastic bag with hair gel and food coloring. While closing the bag, make sure to remove excess air. Then stick the bag on to the window using masking tape. Let your child stir the colors in the sunlight!