

NYPL After School Activity Guide


Kindergarten–3rd Grade

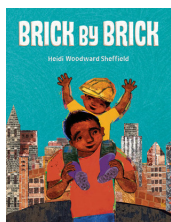


APPRECIATE

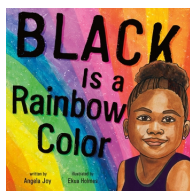
In this packet you'll find tips, books we love, and activities all about appreciation. Appreciation can mean showing gratitude or thinking about what you respect and value. If you create something you love, submit a picture of your work to our virtual gallery at nypl.org/afterschool.

BOOKS WE LOVE

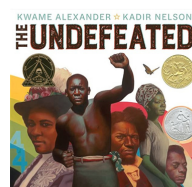
These books show characters learning how to appreciate parts of their life that they might not have valued before as well as how we can appreciate different identities and experiences. To check them out, place a hold online at nypl.org or call Ask NYPL (917-275-6975). If you are at a branch, ask a librarian how to place a hold. Books marked with a  are available as e-books.



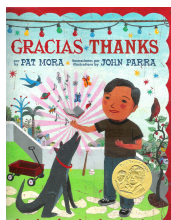
Brick by Brick
by Heidi Woodward
Sheffield



**Black Is a Rainbow
Color**
by Angela Joy, illus. by
Ekua Holmes



The Undefeated
by Kwame Alexander,
illus. by Kadir Nelson



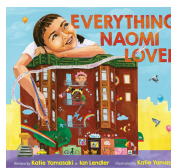
Gracias/Thanks
by Pat Mora, illus. by
John Parra



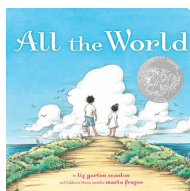
**My Heart Fills With
Happiness**
by Monique Gray Smith,
illus. by Julie Flett



Saturday
by Oge Mora



**Everything Naomi
Loved**
by Katie Yamasaki & Ian
Lendler, illus. by Katie
Yamasaki



All the World
by Liz Garton Scanlon,
illus. by Marla Frazee



Here and Now
by Julia Denos, illus. by
E. B. Goodale



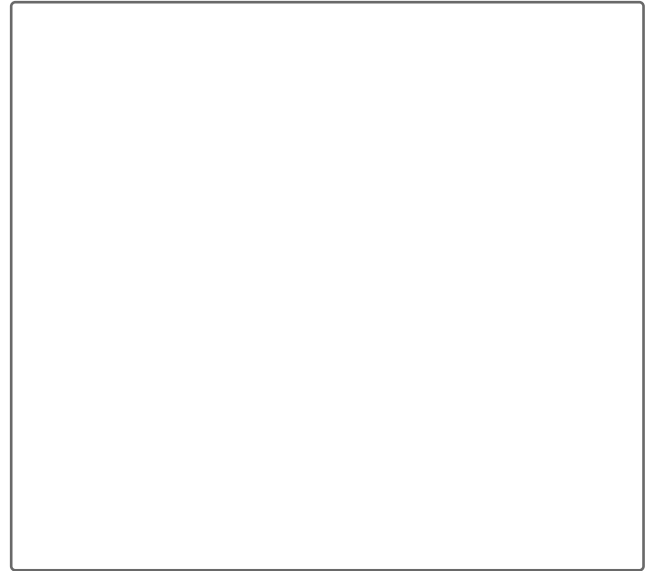
QUICK TIPS

- Find a way to say thank you and show appreciation to the people who help your community such as grocery store workers, mail carriers, and sanitation workers.
- Name three things you appreciate about yourself! What are you good at? What makes you special?

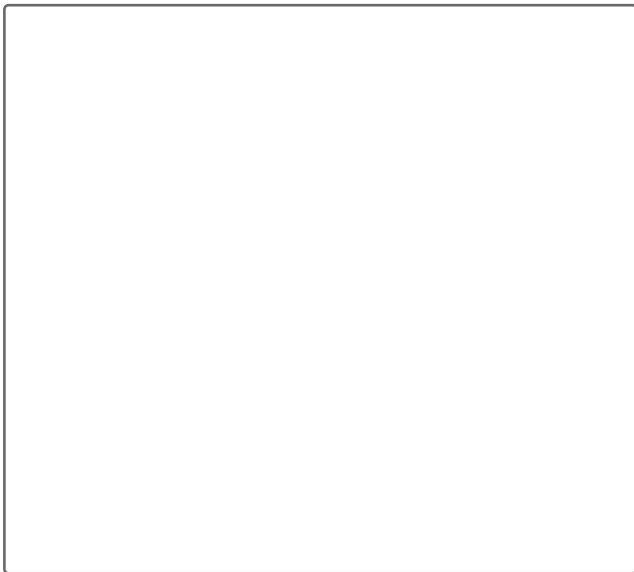
SHOW YOUR APPRECIATION IN A MINI SCRAPBOOK

Think about what the word “appreciate” means: to value, admire, or respect something. Now think of three things (people, places, or objects) you really appreciate. In your mini scrapbook below, describe why you appreciate these things. Then either draw a picture or find photos that remind you of these things! With the help of an adult, cut the squares below into four separate pieces, then glue or staple them together.

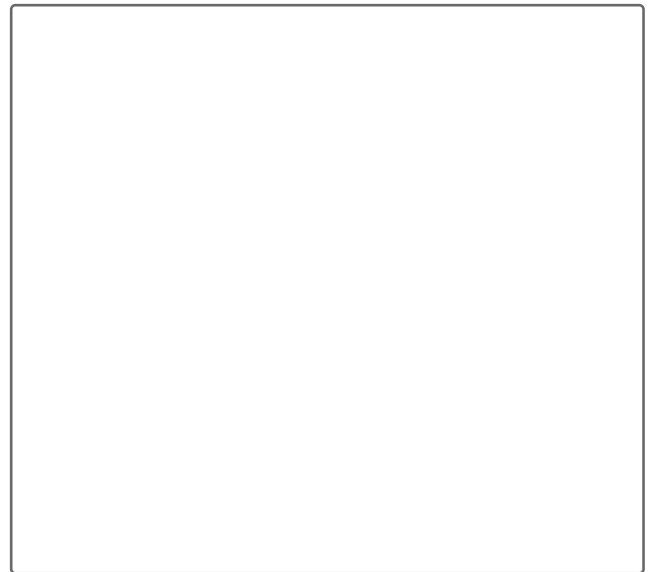
MY APPRECIATION SCRAPBOOK



I appreciate _____
because _____.



I appreciate _____
because _____.

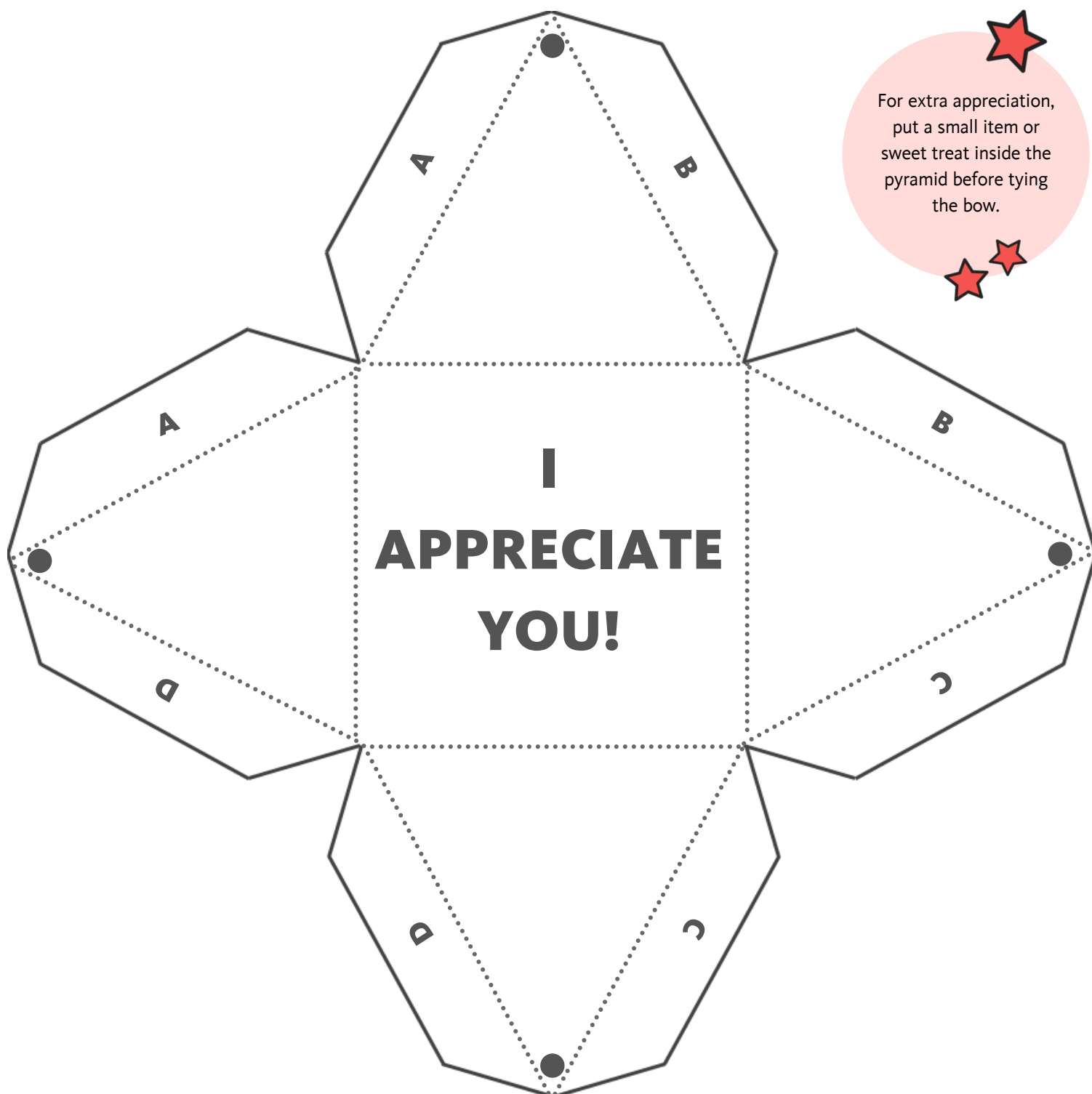


I appreciate _____
because _____.

APPRECIATE OTHERS BY CREATING AN ORIGAMI GIFT BOX

Cut out the item below along the solid outer lines. Then fold the dotted lines inward. Using a hole punch or scissors (with the help of a grown-up), make small holes at the top of each triangle. Take a few moments and think about someone you appreciate. Write or draw something that you appreciate about them on each of the four triangles. Turn the paper over and decorate the outside of the pyramid however you want!

When it's decorated, it's time to assemble. Flip the paper back over so you can see what you wrote. With the help of an adult, run a piece of string or ribbon through the holes, gently pulling the triangles together so that the lettered flaps are hidden inside and tie into a bow. Now it's time to share it with the person you appreciate!



APPRECIATION BOARD GAME

Play a game to practice appreciating things around you and staying positive, either by yourself or with friends and family!

First find a toy or small object to play with and put it at the start of the game board. You could also draw yourself or a character and move that along the board.

Next, write the numbers 1, 2, and 3 on three separate slips of paper. Shuffle them and pick a number to decide how many spaces to move each turn.



Start Here!

For every blank space, say something you appreciate out loud! It could be a person, an experience, an object, or something else!



Play until everyone reaches Appreciation Success!



When you land on a frown, do something to turn that frown into a smile like . . . saying something silly or singing or dancing to a favorite song. If you're ever feeling sad or down in your real life, this is a trick you can try!



Appreciation Success!