

NYPL After School Activity Guide


4th–6th Grade

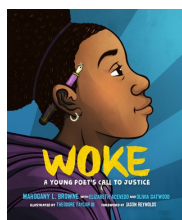


CARE

In this packet you'll find tips, books we love, and activities all about showing care. Caring means paying attention to the needs of others (as well as your own) and then doing something to help. Explore more at nypl.org/afterschool.

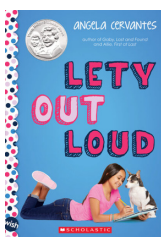
BOOKS WE LOVE

These books give us examples of how to show care to others and to ourselves. To check them out, place a hold online at nypl.org or call Ask NYPL (917-275-6975). If you are at a branch, ask a librarian how to place a hold. Books marked with a  are available as e-books.



Woke: A Young Poet's Call to Justice

by Mahogany L. Browne with Elizabeth Acevedo & Olivia Gatwood, illus. by Theodore Taylor III



Lety Out Loud

by Angela Cervantes



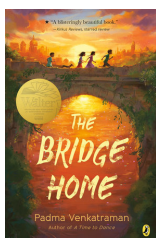
The Girl and the Ghost

by Hanna Alkaf



The Brave

by James Bird



The Bridge Home

by Padma Venkatraman



Greta's Story: The Schoolgirl Who Went on Strike to Save the Planet

by Valentina Camerini



Front Desk

by Kelly Yang



The Talk: Conversations about Race, Love & Truth

edited by Wade Hudson & Cheryl Willis Hudson



Show Me a Sign

by Ann Clare LeZotte



QUICK TIPS

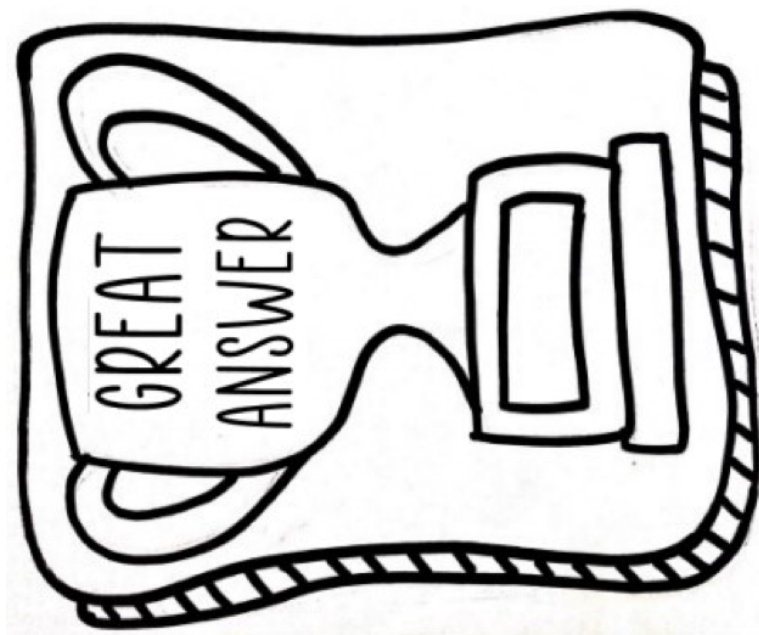
- Show care for yourself by taking your feelings and your goals seriously. In a journal, write down your hopes and dreams for the future and how you will accomplish them.
- Make mini care packages for people in your life who need cheering up. Use an old shoebox or other cardboard box and fill it with small items that will make them feel better. Include a note telling them that you care about them!

SHOW CARE IN VIRTUAL SPACES



I know we need to stay muted on video calls... but you can still show your classmates you CARE by waving these *Classmate Cheer Signs* in your next virtual class!

Decorate the signs below with whatever art materials you have on hand. Then cut them out and tape a popsicle stick or pencil to each for easy waving. You can even put them in an envelope and pass them along to your friends the next time you see them in person. We can always use a bit of cheer!



SHOW CARE THROUGH FOOD

Food is one thing that brings people together. On birthdays and holidays and during family dinners, times of illness, and more, we use food to connect us with the ones we love. In the space below, write down a recipe that you know how to make that would make someone else feel cared for, or write a recipe that has special meaning for you and your family.



Recipe Name:

Serves:

Timing:

Recipe Author:

Ingredients (make sure to include quantities):

- _____
- _____
- _____
- _____
- _____
- _____

Steps:

1. _____

2. _____

3. _____

4. _____

5. _____

Once you have made this food, who do you plan to share it with?

CREATE A CARING POP-UP CARD

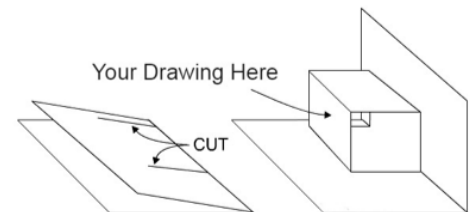
Check in with someone you care about with a pop-up surprise!

Supplies

- Scissors
- Glue
- Markers/crayons
- Colorful paper

Instructions

1. Cut out the card on the black lines and fold in half along the dotted line.
2. Cut slits along the black lines.
3. Create a tab by folding it up to make a box.
4. Glue your drawn image onto the front of the box.
5. Decorate and write your message!



Extend

Can you use different paper folds and cuts to create another type of card? What if you add more than one pop-up image?



Draw something awesome, then cut it out and glue it to the front of the pop-up box!

