Opportunity Programs Worksheet

Part 1: Please rate the level of your agreement of each statement on a scale of 1-5 from Strongly Disagree to Strongly Agree.

1. I would like to graduate college without loans and a ton of debt.
   
   1  2  3  4  5

2. Counseling support at my college of choice would be fantastic! I need help coping with stress and applying to grad school.

   1  2  3  4  5

3. College is overwhelming. I need help transitioning from high school to college.

   1  2  3  4  5

4. Supplemental Financial Assistance like an MTA card, books, and college fees would really help my financial situation.

   1  2  3  4  5

5. I struggle in school sometimes. Tutoring would really help me when it comes to certain classes and subjects.

   1  2  3  4  5
Part 2: Take a look at the CD & SEEK Financial Guidelines. Ponder if you qualify as an economically disadvantaged student according to these guidelines.

*While not shown on this chart, if your household goes above 8 members, you must add 8,177 to the total annual income for each additional family member.

### New York State Guidelines

<table>
<thead>
<tr>
<th>Number of members in Household (including head of household)</th>
<th>Total Annual Income*</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$23,107</td>
</tr>
<tr>
<td>2</td>
<td>$31,284</td>
</tr>
<tr>
<td>3</td>
<td>$39,461</td>
</tr>
<tr>
<td>4</td>
<td>$47,638</td>
</tr>
<tr>
<td>5</td>
<td>$55,815</td>
</tr>
<tr>
<td>6</td>
<td>$63,992</td>
</tr>
<tr>
<td>7</td>
<td>$72,169</td>
</tr>
<tr>
<td>8</td>
<td>$80,346</td>
</tr>
</tbody>
</table>
Part 3: Reflection: Do you think opportunity programs are a good fit for you?

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Part 4: Write five colleges that have opportunity programs in New York:

1. ______________________________________________________________________
2. ______________________________________________________________________
3. ______________________________________________________________________
4. ______________________________________________________________________
5. ______________________________________________________________________