

The New York Public Library

At Home Storytime for Families

Let's Explore Food

Here are some songs to sing together!

[Who Stole the Cookies from the Cookie Jar?](#)

Who stole the cookies from the cookie jar?

Who, me? Yes, you!

Couldn't be! Then who?

(Child's name) stole the cookies from the cookie jar.

Who, me? Yes, you!

Couldn't be! Then who?

[Apples & Bananas](#)

I like to eat, eat, eat apples and bananas

I like to eat, eat, eat apples and bananas

I like to eat, eat, eat apples and bananas

I like to eat, eat, eat apples and bananas

Continue song with the English vowel sounds:

I like to ate, ate, ate ay-ples and ba-nay-nays;

I like to eat, eat, eat ee-ples and ba-nee-nees;

I like to ite, ite, ite i-ples and ba-nigh-nighs;

I like to ote, ote, ote oh-ples and ba-no-nos;

I like to oot, oot, oot, oopples and ba-noo-noos

Virtual Read Aloud of Favorite Books

[Arnie the Doughnut](#)

by Laurie Keller

Some questions to ask during or after the story:

When was the last time you ate a doughnut? What did it taste like?

What are some names you could give a doughnut?

What would you do with a doughnut if you couldn't eat it?

[The Bear Ate Your Sandwich](#)

by Julia Sarcone-Roach

Some questions to ask during or after the story:

What do you think happened to the sandwich?

What would you like to feast on right now?

How do you think Bear feels when he wakes up?

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Here are some activities the whole family can do together!

Together in the Kitchen

Children are great assistants in the kitchen. Allow your child to engage in simple cooking tasks such as mixing, pouring, adding, and counting. This helps them work on strengthening their fine motor skills as well as early math skills!

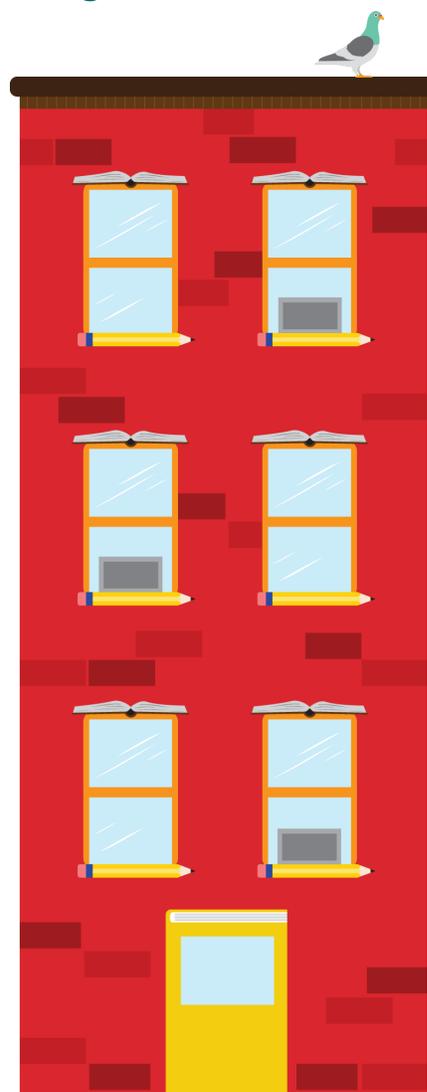
Exploring recipes from a book or reading ingredients from food packaging can also help your child work on pre-literacy skills, like sequencing and letter recognition.

Cooking Pretend Play

For the times when you can't have your little one cooking with you, set them up to "cook" with simple household materials.

Provide your child with pots, pans, spoons etc and then ripped recycled paper, tissue paper, yarn, buttons, or dried ingredients like pasta and beans to create a pretend meal.

This is a great way to engage in pretend play with your child with actual cooking utensils. Pretend play is a wonderful way to work on developing language and symbolic thinking.



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