

All About Us Book List

Interdisciplinary Unit of Study

Foundational Texts

* The Feelings Book by Todd Parr: A surprising book about moods.

Friendshape by Amy Krouse Rosenthal and Tom Lichtenheld: A triangle, circle, square and rectangle celebrate the gift of friendship.

I Love My Hair by Natasha Tarpley: Keyana finds reasons to love her hair and wear it with pride.

I Love Saturdays y Domingos by Alma Flor Ada: Saturdays and Sundays are very special days.

Little Elliot, Big City by Mike Curato: Little Elliot leads a quiet life and discovers a sweet friend.

Supporting Texts

A Big Guy Took My Ball! by Mo Willems: Piggie is upset because a whale took the ball she found, but Gerald finds a solution that pleases all of them.

*All the Colors We Are: The Story of How We Got Our Skin Color by Katie Kissinger: Brief text and color photographs showcase the diversity of human skin color.

And Tango Makes Three by Justin Richardson: At New York City's Central Park Zoo, two male penguins fall in love and start a family by taking turns sitting on an abandoned egg until it hatches. Based on a true story.

*Are You My Mother? by P.D. Eastman: A baby bird is hatched while the mother bird is out searching for food.

Having not seen his mother, the baby goes to look for her and makes mistakes trying to find her. Black Is Brown Is Tan by Arnold Adoff: Read about a family with a brown-skinned mother, white-skinned father, two children, and their various relatives.

The Colors of Us by Karen Katz Lena: Seven-year-old Lena and her mother observe the variations in the color of their friends' skin, viewed in terms of foods and things found in nature.

Dog and Bear by Laura Seeger: Follow a frisky dachshund and a slightly timid stuffed bear who share fun, friendship and adventure.

The Doorbell Rang by Pat Hutchins: Every time the doorbell rings a new friend is there to enjoy Ma's cookies.

Families by Ann Morris: A simple explanation of families, how they function, how they are different, and how they are alike.

Families, Families, Families! by Suzanne Lang: Families come in all shapes and sizes.

The Family Book by Todd Parr: Represents a variety of families, some big and some small, some with only one parent and some with two moms or dads, some quiet and some noisy, but all alike in some ways and special no matter what.

Friends by Eric Carle: When his friend moves away, a boy sets out on a journey to find her.

Glad Monster, Sad Monster by Ed Emberley: Monsters have all different kinds of feelings!

Grumpy Bird by Jeremy Tankard: Feeling too grumpy to fly, Bird begins to walk and finds that his mood changes as other animals join him.

*Guess How Much I Love You by Sam McBratney: During a bedtime game, every time Little Nutbrown Hare demonstrates how much he loves his father, Big Nutbrown Hare gently shows him that the love is returned even more.

Harriet, You'll Drive Me Wild by Mem Fox: Harriet was a pesky child...

Hear Your Heart by Paul Showers: A simple explanation of the structure of the heart and how it works. Heather Has

Two Mommies by Leslea Newman: When Heather goes to playgroup, at first she feels bad because she has two mothers and no father, but then she learns that there are lots of different kinds of families.

How Are You Peeling? by Joost Elffers and Saxton Freymann: The pantry has gone mad!

How Do You Feel? by Anthony Browne: A young chimp shares the emotions he feels.

In Daddy's Arms I Am Tall by Javaka Steptoe: A collection of poems celebrating African-American fathers.

It's Okay To Be Different by Todd Parr: An important message of acceptance.

*Knuffle Bunny by Mo Willems: After Trixie and daddy leave the laundromat, something very important turns up missing.

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Little Humans by Brandon Stanton: Photographic picture book highlighting the children of New York City.

LMNO Peas by Keith Baker: The peas have a variety of interests, hobbies and careers.

Maybe Days: A Book for Children in Foster Care by Jennifer Wilgocki and Marcia Kahn Wright: Introduces the people and procedures involved in foster care, and the feelings, reactions, and concerns of new foster children.

My Blue is Happy by Jessica Young: Colors may feel one way to you and another to me.

My Many Colored Days by Dr. Seuss: Each day is represented by a particular color, which in turn is associated with specific emotions.

The OK Book by Amy Krouse Rosenthal: Being OK can really be quite great.

One Busy Day: A Story for Brothers and Sisters by Lola M. Schaefer: All Mia wants is for her big brother, Spencer, to play with her. But he's always too busy.

One Family by George Shannon: In this story that introduces numbered groups from one to ten, we realize that families can be many things.

*Owen and Mzee (series) by Isabella Hatkoff: The story of the unusual friendship between Owen, an orphaned hippo, and Mzee, an Aldabra tortoise.

Peaceful Piggy Yoga by Kerry Lee MacLean: A guide to yoga with poses and instructions.

*Penguin and Pinecone: A Friendship Story by Salina Yoon: Penguin and Pinecone form an unlikely friendship, even when they must live far apart.

*A Splendid Friend, Indeed by Suzanne Bloom: When a studious polar bear meets an inquisitive goose, they learn to be friends.

We Belong Together: A Book About Adoption and Families by Todd Parr: The joy of adoption and bringing families together is presented in this tale.

When I Feel Worried by Cornelia Spelman: A young guinea pig describes situations that make her worry, what being worried feels like, and how she can stop worrying. Includes note to parents and teachers. This book is part of a series of books about feelings.

*When Sophie Gets Angry- Really, Really Angry by Molly Bang: A young girl is upset and doesn't know how to manage her anger but takes the time to cool off and regain her composure.

When Sophie's Feelings Are Really, Really Hurt by Molly Bang: Sophie is hurt when the other children laugh at her painting of her favorite tree; but when she explains her painting everybody understands what she was trying to do.

*Where Are You Going? To See My Friend! by Eric Carle: A dog, a cat, a rooster, a goat, a rabbit, and finally a child join together on a journey to see their friends in this unique bilingual collaboration.

Who's in My Family?: All About Our Families by Robie H Harris: Nellie and her little brother Gus discuss all kinds of families during a day at the zoo and dinner at home with their relatives afterwards.

Will I Have a Friend? by Miriam Cohen: A little boy makes a friend at his new school.

Wilfrid Gordon McDonald Partridge by Mem Fox: Wilfrid likes all of the people who live in the old people's home next door but he likes one of the women in particular.

Your Skin and Mine by Paul Showers: Explains the basic properties of skin, how it protects the body, and how it can vary in color.

**Books with an asterisk are also available in languages other than English.*