SENSORY CRAWL

Play provides an important context for learning! Tummy time for little ones provides an opportunity to work on skills key to physical development. Sensory play at all ages allows children to use a variety of skills and explore new sensations and experiences.

MATERIALS
- Bath rug of different textures
- Bath loofahs
- Bubble wrap
- Cellophane paper and other craft materials

HOW TO PLAY
Have your baby lay on their tummy or crawl and explore the different textures and sensory experience on the ground. Press the different textures and encourage your baby to explore!

Safety tip: Always supervise your baby to make sure they are not pulling mats off floor or into mouths.

LET’S TALK ABOUT IT!
- Highlight the different textures and label them for your baby using vocabulary like “squishy” “soft” “textured” “furry” “smooth” and “silky”

NYPL PLAY RECIPE