MUD PLAY

Mud can be messy, squishy and the perfect way to engage the senses by allowing children to explore different textures, smells and sounds all at once.

MATERIALS
● Dirt / Soil
● Water
● Bowls, spoons
● Natural materials: leaves, acorns, sticks (optional)

HOW TO PLAY
Choose a spot in outside where it is safe for your child to explore and get messy. Let your child mix dirt and water to explore the different textures of the mud. Provide materials like a bowl, spoon, sticks or flowers to enhance playing in mud.

Safety Tip: Watch to ensure your child does not put materials in their mouths.

LET’S TALK ABOUT IT!
● Ask questions to stimulate curiosity: “What happens when you add water to the mud?” “What can you see in the mud?”
● Play pretend! Talk about what your child might be making. “May I have some stew?” “Can you make a mud pie?”