BABY DISCO

Playing in the mirror is a great way to help your child explore! It helps develop their visual senses and self awareness. Babies love seeing their face and other faces!

MATERIALS

- Cardboard box
- CDs, shatterproof mirrors, foil paper, baby-friendly materials where they can see their reflection.
- Tacky glue or tape

HOW TO PLAY

Glue or tape recycled CDs, shatterproof mirrors and foil paper to the inside of a cardboard box for baby to sit in and see their reflection! Encourage your child to look at themselves in the mirror and you!

Safety tip: This activity is for babies who are sitting up or crawling on their own. Always supervise your baby in the baby disco.

LET’S TALK ABOUT IT!

- Ask your baby who do they see?!
- Do large movements so baby can see you moving in the mirrors along with their reflection.
- Point and touch parts of the body and talk about it! “NOSE”, “EARS” Make faces and talk about different emotions to help build vocabulary. “I see you are smiling!”

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