BABY BALL PIT

Sensory play helps babies learn about themselves and the world around them. The baby ball pit is an opportunity for baby to explore new sensations and experiences.

MATERIALS

- Kiddie pool or shallow box
- Shredded paper
- Soft toys

HOW TO PLAY

Let baby sit, crawl, and explore in the ball pit. Encourage your child to grasp and hold the colorful balls. Be present and play with your baby. Recreate this at home using a pack and play, kiddie pool, or a shallow box filled with balls or soft toys.

Safety tip: This activity is for babies who are sitting up or crawling on their own. Always supervise your baby in the ball pit. If the ball pit seems too crowded, explore another station and revisit the ball pit later.

LET’S TALK ABOUT IT!

- Talk about and narrate your babies experience. “Look at all the balls around you!” “You grabbed the BLUE ball!”
- Play pretend with your baby. Talk about giving baby a “bubble” bath or “swimming” in the ball pit.

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