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Library**

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**Rights and Benefits
Information: A SIBL
Source Guide**

Employee rights and benefits when employment has been terminated is an area in which SIBL can be a key resource. The following is a brief listing of the kinds of information available.

Employee Rights (CATNYP Subject.
Employee Rights - - United States)

SIBL IS A PRIMARY RESOURCE FOR
INFORMATION FROM THE FEDERAL
GOVERNMENT, NEW YORK STATE
AND NEW YORK CITY ABOUT THE

LEGAL RIGHTS OF TERMINATED
EMPLOYEES.

*You've Been Fired: Your Rights and
Remedies* - Jasper -
Call no. 344.0125 J (Circulating
Book)

Your Rights in the Workplace - Repe -
electronic resource (e-book available
remotely)

**Benefit Plans (CATNYP
Subject. Employee Fringe
Benefits)**

*Benefit Facts: Health Plans, Cafeteria
Plans, COBRA, Pension Plans...* -
Call no. *R-SIBL KF3509.B43

Defined Benefit Answer Book -
McGhie -
Call no. *R- SIBL KF 3512.Z9. M34

Guide to Cash Balance Plans - Forcier
- Call no. JBF 03-905

**Health Plans (CATNYP Subject.
Health Insurance - -
Continuation Plans)**

401K Plans (CATNYP Subject. 401 (k)
Plans)

401 (k) Plans -
Call no. KF 3517.Z9. A15

401 (k) Plans... - Lloyd -
Call no. JBF 02 - 419

COBRA Handbook -
Call no. *R-SIBL KF 3515.3. C62

*Mandated Health Benefits; the
COBRA Guide* - Hamburger -
Call no. *R - SIBL HD 7101.H252

**Social Security (CATNYP
Subject Social Security - - Law
and Legislation - - United
States)**

Older and Out of Work... -
Call no. JBE 08 - 35

*The Social Security Benefits
Handbook* - Tomkiel -
Call no. *R - SIBL KF 3650.T65

THE ABOVE LIST IS JUST A
SNAPSHOT OF WHAT SIBL CAN
OFFER FOR BENEFITS RESEARCH. A
PROFESSIONAL STAFF IS AVAILABLE
TO ANSWER YOUR QUESTIONS IN
PERSON, VIA E- MAIL OR BY PHONE.